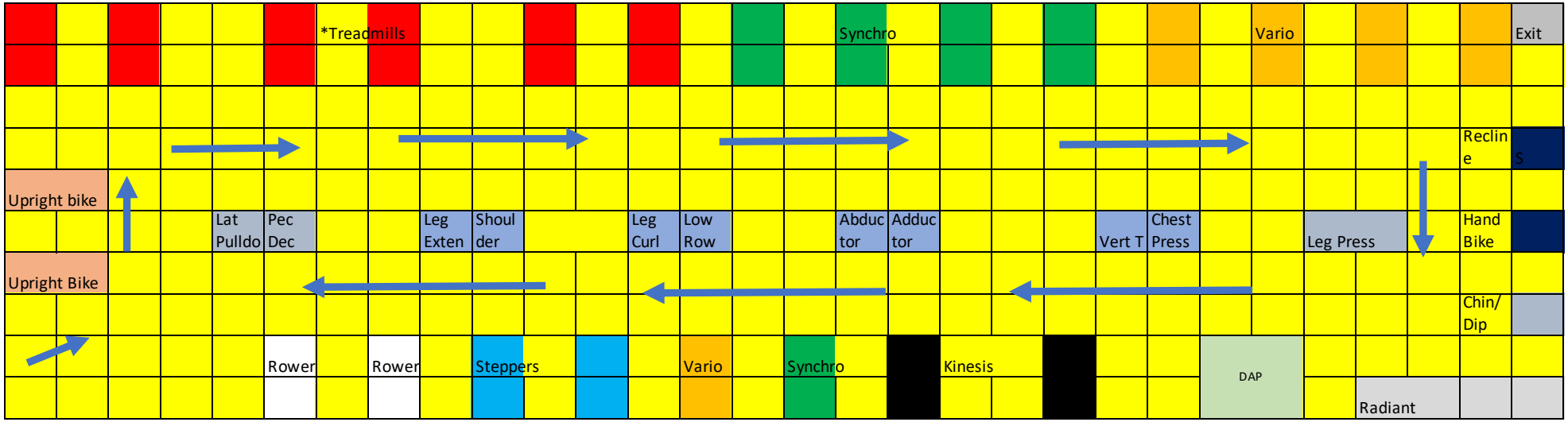
*Treadmills
Synchro
Vario
Exit
Recline
S
Upright bike
Lat Pulldo
Pec Dec
Leg Exten
Shoulder
Leg Curl
Low Row
Abductor
Adductor
Vert T
Chest Press
Leg Press
Hand Bike
Upright Bike
Chin/ Dip
Rower
Rower
Steppers
Vario
Synchro
Kinesis
DAP
Radiant