

UPDATED CLASS TIMETABLE*

*during the exam period.

Date	Class	Time	Location
MONDAY May: 22 nd , 29 th June: 5 th , 12 th , 19 th	Core Experience <i>Pilates</i> Body Pump <i>Studio Cycling</i> Circuits <i>Yoga</i>	07.30-08.15 12.30-13.15 12.30-13.15 17.30-18.25 18.30-19.25 18.30-19.25	Fives Fives TTR Fives TTR Fives
TUESDAY May: 23 rd , 30 th , 6 th June: 13 th , 20 th	Studio Cycling <i>Metcon</i> Boxercise	07.00-07.45 12.30-13.15 17.30-18.25	Fives TTR Fives
WEDNESDAY May: 24 th , 31 st June: 7 th , 14 th , 21 st	<i>Pilates</i> <i>Metcon</i>	12.30-13.15 18.30-19.25	Fives TTR
THURSDAY May: 25 th June: 1 st , 8 th , 15 th , 22 nd	Studio Cycling <i>Iyengar Yoga</i> Circuits	07.30-08.15 12.30-13.15 12.30-13.15	Fives Fives TTR
FRIDAY May: 26 th June: 2 nd , 9 th , 16 th , 23 rd	Core Experience <i>Ballet Barre</i> Body Pump <i>Circuits</i> <i>Yoga</i>	07.30-08.15 12.30-13.15* 12.30-13.15* 17.30-18.25 18.30-19.25	Fives Fives TTR Fives TTR
SATURDAY May: 27 th June: 3 rd , 10 th , 17 th	Boxercise	08.00-08.45	TTR

*Classes 12.40-13.25