

Code of Conduct



General for all Sport Service facilities

- University of Cambridge Sports Service does not accept any form of threatening or abusive behaviour towards its members, guests or staff.
- Please bring your membership card with you every time you use the Sport Centre. Cards may only be used by the named person on the membership.
- Please comply with staff instructions.
- Please use the lockers where provided in the changing rooms. Bags and coats should not be taken into activity areas.
- Drinks are only permitted in the activity areas if in an appropriate closed sports bottle.
- Please assist the staff by reporting spillages to staff immediately.
- Please dispose of any rubbish in the appropriate bins provided.
- Customers must wear suitable clothing and footwear at all times on the premises. Denim clothing, open-toed sandals, flip flops, socks and bare feet are not permitted in the activity areas. Upper body clothing should always be worn.
- Please report any abuse, misuse of equipment or maintenance issues to staff immediately.
- The Sport Centre should be vacated by 10pm (weekdays) or 8pm (weekends) respectively, including Padel and changing facilities.
- No alcoholic drinks to be consumed on Sport Service premises unless under a pre-licensed approved booking. Only drinks purchased from the approved provider to be consumed.

Sports Hall, Squash, Fives & Padel

- All members must report to reception prior to starting their booking. For group bookings, only one person is required to report to reception.
- Please return Hire equipment to reception immediately after the booking has ended. Bookings are for 55 minutes, starting on the hour and finishing at 5 minutes to the hour (sports hall) or on the half hour for studios.

Sport Centre Fitness Suite, Strength & Conditioning Room & TTR

- To gain access to the fitness suite, Strength & Conditioning & TTR rooms swipe your membership cards at the entrance turnstile.
- Please bring a towel to wipe down all items of kit after use (paper towel provided).
- Please ensure that you return any free weight plates, dumbbells, bars, kettlebells, bands and balls immediately after use and do not leave bars loaded with weights.
- When carrying out exercise where the weight is returned to the ground, please use the platforms only.
- Please use the collars provided at all times when working out with bars.
- Platform Etiquette – please ensure that no items of equipment should come into contact with the wooden platform inserts.
- Please avoid using mobile phones whilst in the fitness suite, strength & conditioning and TTR rooms.