Health and Fitness
at the University of Cambridge Sports Centre

Let us help you make changes that will last

from

£8

per week*

Discounts available for University of Cambridge staff and students

*based on an Off Peak Community membership
The University of Cambridge Sports Centre is 10 minutes by bike from the city centre. The Centre has 12 accessible car parking spaces, and other members of the Fitness, Strength and Conditioning Suite can use their membership cards to access any car park on the West Cambridge site between the hours of 06:30 - 08:30 and between the hours of 15:30 - 22:30 Monday to Friday. Parking is available all weekend.

Facilities include:
- Fitness Suite with state-of-the-art Technogym equipment
- Strength and Conditioning room with 8 Olympic lifting platforms
- Yoga and Pilates
- Circuit training
- Indoor Cycling
- BodyPump
- 37m x 34m Sports Hall
- Zumba
- 2 multi-purpose studios
- 5 competition standard Squash Courts
- 3 Eton Fives Courts
- 3 Rugby Fives Courts
- Health Checks
- Personal Training